#### BUILDING BRIDGES FOR AMERICA

## Conversations that Break Through

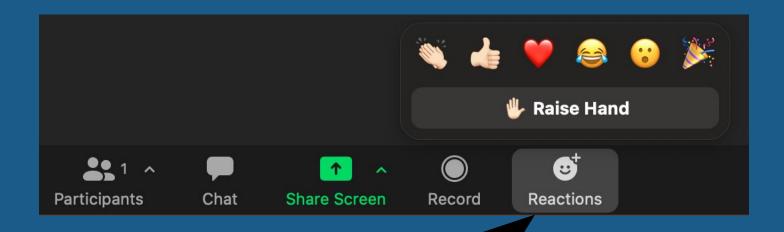




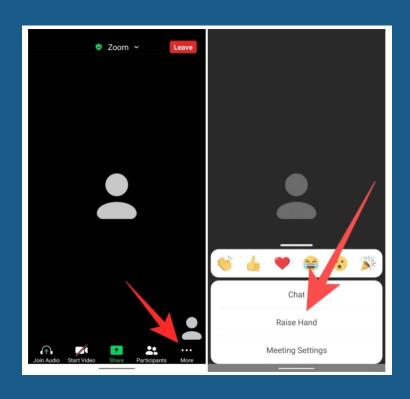
#### Friendly Norms

- Please keep yourself **muted** unless you are speaking
- Please introduce yourself in the chat, where are you from, and campaigns you have worked with
- Meeting will be 1-hour
- Thank you for joining us!

#### Raising Hand on a Computer/Tablet



#### **Raising Hand on Phone**





Caz Margenau she/her



South Bend, IN







Research Proposal Manager for climate and aerospace



Ace/Aro



Joe Biden Facebook Program, 2020 **□PETE** □

Colorado lead for



Digital Marketing Jeni Arndt for Mayor of Fort Collins, CO 2021



Digital Marketing Larimer County Democratic Party 2021-2022



Co-founder and co-Director of Leadership Development **Building Bridges for America** 2020-2022

State Lead. Colorado for Pete Buttigieg 2019-2020

Started political organizing in 2019 inspired by Pete's priority of climate and democracy.

Colorado

#### BUILDING BRIDGES FOR AMERICA

#### **Our Mission**

Guided by the principles of servant leadership, Building Bridges mobilizes and empowers networks of relational grassroots organizers equipped to support campaigns and causes based in progressive values.

#### **Our Values**

We recognize that the effort adds value, regardless of the result.

We are committed to the development of a broad and inclusive coalition.

We conduct our actions and are informed by the legacy of Pete Buttigieg's 2020 Campaign's Rules of the Road.

#### **Our Vision**

A just and equitable democracy, safeguarded by an informed and engaged electorate, where everyone is valued and belongs.

Respect Belonging Truth Teamwork Boldness Responsibility Substance Discipline Excellence Joy



## Ice Breaker

Please be ready to respond in the chat.

Left	CSSIVC	Only group in which majority say they like leaders who identify as democratic socialists     Many backed Sanders and Warren in Democratic primaries; overwhelmingly voted for Biden in the general	active Democratic- oriented group  Relatively young, highly educated  About two-thirds are White non-Hispanic
Estab	olishment als	Solidly liberal     Strong supporters of Democratic Party and its leaders     Upbeat about politics and nation and favor compromise	<ul> <li>Highly politically engaged</li> <li>One of the most educated typology groups</li> <li>Racially and ethnically diverse, similar age profile to the population as a whole</li> </ul>
Demo Mains	ocratic stays	<ul> <li>Most identify as moderate</li> <li>Hold many core Democratic positions about government, race, social safety net</li> <li>Less liberal than other Democratic-oriented groups on immigration, military, crime</li> </ul>	Older, relatively low share college educated     One of the most racially and ethnically diverse typology groups
Outsid	der Left	Very liberal on issues – particularly climate and race  Vote Democratic, despite dissatisfaction with both parties  Most say other nations better than the U.S.	By far the youngest typology group     Among the least politically active
Stres: Sideli		Mixed political views – lean slightly liberal economically, more conservative in other domains     About equally likely to be in the Democratic and Republican coalitions	Least politically engaged typology group     Among the most financially stressed groups

· Very liberal views across

· Most politically

**Progressive** 

# Match the % of the coalition to the different categories. 1. 16% 2. 23% 3. 13%

Ice Breaker Quiz
Get to know our Democratic coalition.

# 3. 13%4. 12%5. 28%

4. 12% identify as democratic socialists highly educated · Many backed Sanders · About two-thirds are White non-Hispanic and Warren in Democratic primaries: overwhelmingly voted for Biden in the general **Establishment** · Solidly liberal · Highly politically engaged Liberals · Strong supporters of Democratic Party and · One of the most 23% of Dem/ 2. 23% its leaders educated typology Lean Dem groups · Upbeat about politics · Racially and and nation and favor ethnically diverse, compromise similar age profile to the population as a whole · Largest single group **Democratic** · Most identify as moderate in the Democratic Mainstays · Hold many core Democratic coalition positions about government, 28% of Dem/ 5.28% race, social safety net · Older, relatively low Lean Dem share college · Less liberal than other educated Democratic-oriented groups on immigration. One of the most military, crime racially and ethnically diverse typology groups **Outsider Left** · Very liberal on issues -· By far the youngest particularly climate and race typology group 16% of Dem/ 1.16% · Vote Democratic, despite · Among the least Lean Dem dissatisfaction with both parties politically active · Most say other nations better than the U.S. Stressed · Mixed political views - lean · Least politically slightly liberal economically, engaged typology **Sideliners** 3.13% more conservative in other group

**Progressive** 

12% of Dem/

13% of Dem/

Lean Dem

domains

· About equally likely to be in

the Democratic and Republican

Lean Dem

Left

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· Only group in which majority

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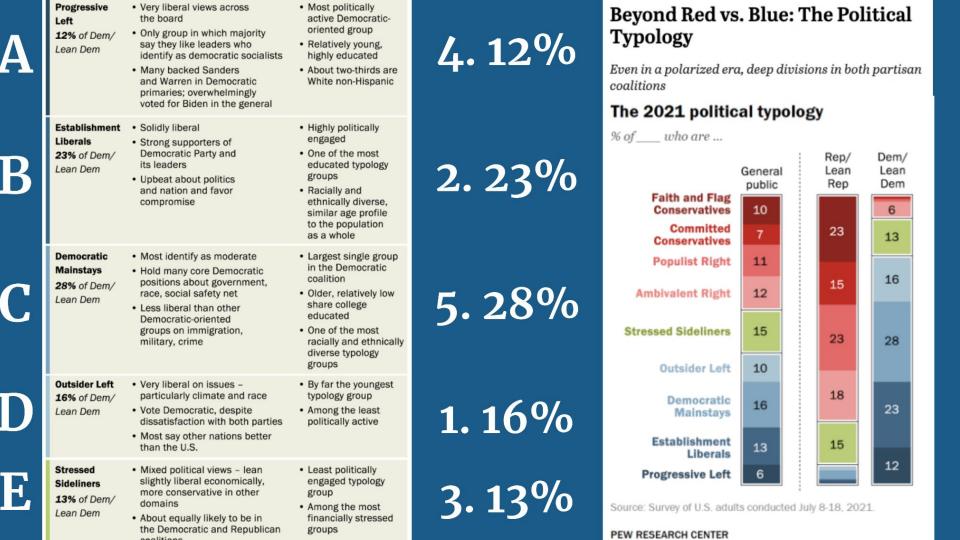
· Relatively young,

· Among the most

groups

financially stressed

active Democratic-



#### **Today's Goals**

Using your personal experience to get vulnerable and build trust.

#### **ACTIVE LISTENING**

Build those muscles to keep calm and moderate an effective conversation.

GROW YOUR UNDERSTANDING Know what to say to be understood.

#### **BUILD YOUR CONFIDENCE**

Be ready to start the conversations and make the ask to vote, donate, or volunteer.



## Question

Please respond in the chat.

How do you feel when asked to make calls or knock on the doors of voters?

### Preparation Builds Confidence

## Good Practice Builds Good Habits



Persuasion starts with understanding.

Understanding starts with listening.

To be heard, use common language of

**VALUES and STORY** 



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There are two moral systems in the US-Conservative and Progressive.

#### **Progressive**

- Nurturing
- Care about everyone
- Morality comes from taking care of others

#### **Conservative**

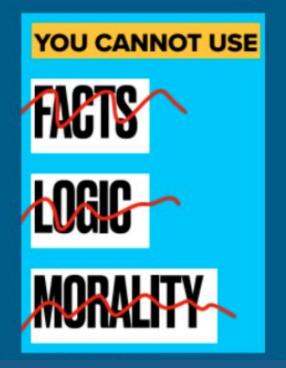
- Strict hierarchy
- Care about people in in-group
- Morality comes from discipline

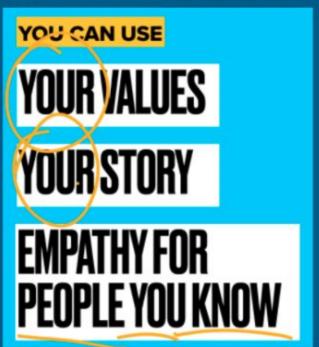
Note- these are pure models, most people are a mix of both

The moral system you were raised with has wired your brain. We each experience facts, logic, and morality differently.

You're not crazy.
They're not crazy.
Our brains are wired differently.
And that is okay.

Choose words that can be understood by everyone.





This does not mean people will agree with you.

It means they will understand you.

Person struggling financially says "There is already too much spending in the government."



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You: bad response: "That is against your self interest!!"
That focuses on the logic and morality. Ignore those. Instead, find the similarities.

You, good reaction: "How does that relate to you personally, like in your life?"



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Person: "I want to start a business someday and when I do I do not want to be taxed."

You: Ignore logic and morals. Ignore the policy. Ignore the part you disagree on.

Focus on the person- They want to start a business. Focus on agreement- Entrepreneurship is important.

You: Relate with story. "Starting a business is so important. My daughter just started a business and the biggest barrier for her in terms of cost in healthcare. For her, lowering the cost of healthcare is important to her success. How about you? What is a barrier you face?"



Teamwork **Integrity** Fun Grace **Finesse** Fame Career Patience **Iustice** Communication Love Forgiveness Appreciation Openness Learning Self-Respect Willingness Excellence Abundance Religion Fun Order Innovation Reciprocity Advancement Enjoyment Fame Quality Entrepreneurial Commonality Justice Respect Contributing Appreciation Happiness Joy Spiritualism Harmony Willingness Forgiveness Family Excitement Strength Peace Goodness Entertain Relationship Freedom Knowledge Security Involvement Wealth Patience Lovaltv Faith Power Change Intelligence Wisdom Affection **Prosperity** Connection Cooperation Beauty Wellness Creativity Caring Encouragement Finances Humanity Personal Development Endurance Gratitude Success Honesty Respect

Leadership Renewal Home Contentment Friendship | Courage Balance Compassion Fitness Professionalism **Facilitation** Effectiveness Diversity Generosity Adventure Kindness Clarity Humor Invention

Say the words. Don't let them go implied. Say the words of what you value.

#### **Self Reflection**

Step (1) What are your core values?

Step (2) Recall a time that you felt one of your values.

Step 3 Share how that values is reflected in a campaign or cause.

Step 4 Why is it important to you that we act and get involved now.



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#### What are values?

#### Issue

**Economic inequality** 

#### **Policy**

Raising the minimum wage

#### **Values**

**Justice** 

**Equity** 

Freedom

Compassion

Resilience



#### What are values?

#### Issue

**Economic inequality** 

#### **Policy**

Raising the minimum wage

#### **Values**

**Justice** Equity Freedom Compassion

Resilience

#### **DIG DOWN**

How does an issue make you feel?

Why do you feel that way?

Justice, equity

Freedom

Compassion

"It's not fair!" "It is my right!" "We need to care!" "Give people a chance!" Resilience

**BUILDING BRIDGES** 

**AMERICA** 

I feel <u>angry</u>

because <u>\_\_\_\_\_freedom</u>\_\_\_\_\_ is important to me

and \_\_\_\_working full time does not even pay my child enough to afford their rent, let alone the chance to live a life of their choosing \_\_\_\_.

## Your turn

Please write in the chat.

I feel	(say it!)	
because	(core value)_	is important to me
and	_(personal story)	

#### **Self Reflection**

Step (1) What are your core values?

Step (2) Recall a time that you felt one of your values.

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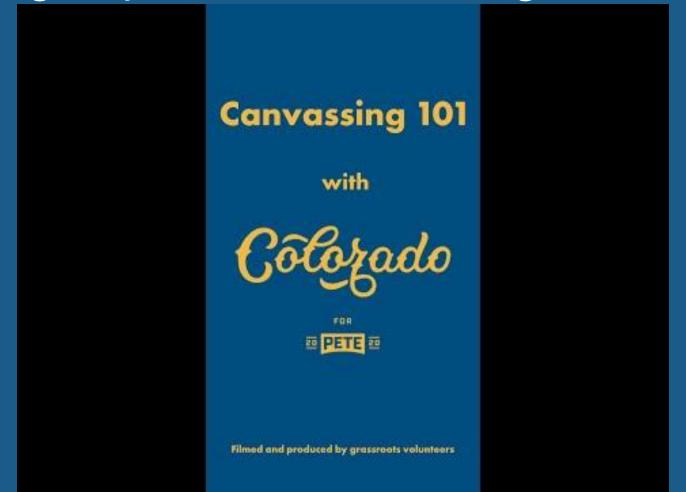
Step 4 Why is it important to you that we act and get involved now.



BUILDING BRIDGES FOR AMERICA

I feelangry
because <u>freedom</u> is important to me
andworking full time does not even pay my child enough to afford their rent, let alone the chance to live a life of their choosing
That is why I supportJoe Neguse as my representative because he is standing with my child as they strike and demand higher wages
I amvolunteering for Joe to go door to door Will you join me?

#### Using story and values when talking with voters.



#### Stay open to build trust

The root of trust is vulnerability. And trust is reciprocal.

- Stay open to new ideas, be curious.
- Create space by asking a question.
- Give them time to respond, be okay with silence, count to ten.
- Show vulnerability by sharing feelings and experiences. Say when you do not know something.
- Use body language, open your arms, even if talking on the phone.



#### **Focus on listening**

The person you are talking to wants to be heard and understood. They want to be respected and valued for who they are.

Give that to them.

## Want to understand more than you want to be understood.

A respected and heard person will open up and be vulnerable, they will share who they really are. In that moment, when you share they will listen.







Maya Angelou

"PEOPLE WILL FORGET WHAT YOU SAID.
PEOPLE WILL FORGET WHAT YOU DID.
BUT PEOPLE WILL NEVER FORGET HOW
YOU MADE THEM FEEL."







**Pete Buttigieg** 

"HOW PEOPLE FEEL ABOUT YOU IS LARGELY DRIVEN BY HOW YOU MAKE THEM FEEL ABOUT THEMSELVES."

# ACTIVE LISTENING

#### THE BEST WAY TO CONNECT AND BE HEARD IS FIRST TO ACTIVELY LISTEN.

AN EFFECTIVE ORGANIZERS GREATEST SKILL IS TO LISTEN. TO BE HEARD AND UNDERSTOOD FIRST YOU NEED TO OPEN THE DOOR OF UNDERSTANDING, PRACTICE THESE BASIC HABITS AND SKILLS TO SHOW YOU ARE LISTENING AND WATCH AS THE CONVERSATIONS YOU HAVE GROW DEEPER.

#### AVOID DISTRACTION

Set your Intention to listening. No daydreaming or multi-tasking. Remove things. persons or animals that might keep you from paying attention.

#### REFLECT OR CLARIFY

Repeat back what you have heard "It sounds to me like you are saying."

#### PAY ATTENTION

Do not use this time to prepare for a rebuttal. Words and phrases like "Oh", 1 see", 'uh huh" and "hmm" show that you are listening.

#### INTERRUPT

Allow the other person to finish what they are saying.

Keep them engaged and talking "Tell me more" "That's Interesting"

#### DO NOT ARGUE

1 can tell you are very upset/frustrated\*1 know that It has been hard for you to change oears"

#### REFLECT AMBIVALENCE

"So, on the one hand you want and on the other you don't think you can \*

#### LOOK FOR COMMON

Where do you think we could find common ground?" 'Is there one issue here where we do agree?" We agree on this, what else do we agree on?

#### PAY ATTENTION

Do not use this time to prepare for a rebuttal. Words and phrases like "Oh", "I see", "uh huh" and "hmm" show that you are listening.

#### CREATE DISSONANCE

Tell me (describe to me) what your feeling are on Can you tell me what is keeping you from supporting ?

#### SHOW EMPATHY FOR THEIR FEELINGS

1 am hearing you say that you are frustrated because \*

Thank you for talking with me." Tappreclate your opinion and understand your concerns."



### DO NOT

New muscles take time to develop

## **Practice**

Express curiosity, interest, concern.

Say aloud:

"Tell me more about that."

"Oh!" "Mmm hmm"

"And how do you feel about that?"

"It sounds to me like that issue makes you a little upset."



## Question

Please respond in the chat.

What is your go-to phrase or action that you use to show people you are listening?

## Offer a service

Show you are helpful and care in the moment.

"I DON'T KNOW, BUT LET'S LOOK IT UP."

"LET'S FIND YOUR POLLING LOCATION."

"WHO CAN YOU CALL TO SCHEDULE TO DRIVE YOU TO THE POLLS?"

## Make the ask

- A person is more likely to do something when they are personally asked to do it.
- Asking is showing that you respect their participation.
- Do not assume their answer, make them say it.
- Phrase the question so they give a response.

"CAN I COUNT ON YOU TO VOTE FOR JOE ON NOVEMBER 4TH?"

"IT WILL MEAN SO MUCH FOR YOU TO HELP US OUT. WOULD YOU BE ABLE TO DONATE \$5 TO JOE'S CAMPAIGN TODAY?"

"WE NEED SOMEONE TO MAKE CALLS LIKE I AM DOING TO HELP JOE REACH OUT TO MORE VOTERS. CAN I SIGN YOU UP FOR A SHIFT TO HELP US MAKE CALLS?"

### Workbook has activities

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#### **Practice**

Open the door (1)

You are volunteering for a candidate, Rep. Joe Neguse, and you are phone banking. The line answers and you say 'Good afternoon, am I speaking to Ronald?" "Yeah, who is this?" on behalf of US 'My name is . I am calling from

Representative Joe Neguse. Joe is running for re-election and I would like to know if I can count on your vote for Joe." He says, "I heard he's one of those radiacal socialists."

#### Write your response:

Imagine Ronald eventually says. "I really do not know much about him."

You say, "That's okay, you're talking to me, and a few years ago I didn't know much about any of this. What is something that bugs you or is important to you?"

Write out a possible response from Ronald that you disagree with:

Write your empathetic response:

#### **'TELL ME MORE'**

"I THINK I HAVE HEARD THAT BEFORE, BUT TELL ME WHAT WHAT IT MEANS TO YOU?"

"I HEAR YOU."

"MMM HMMM"

"IT SOUNDS LIKE YOU ARE FRUSTRATED BECAUSE..."

\*WHAT ABOUT THAT IS IMPORTANT TO YOU?"

Complete the Power series





**COURSES & WORKBOOKS** 



**Organizing for Change: Making the Hard Ask** 

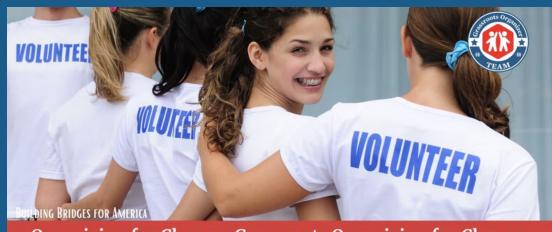
FREE Course and Workbook for Organizers & Activists

## Q&A

#### Sunday 7:30pm ET Meet & support local candidates



#### Thursday 8:00pm ET



Organizing for Change: Grassroots Organizing for Change

FREE Course and Workbook for Organizers & Activists

#### Meet & support local candidates



#### Write letters



#### Meet authors and leaders



#### SAMPLE LETTERS



buildingbridgesforamerica.com



TT'S GO TIME!

STEP UP AND LEARN TO MAKE A DIFFERENCE IN 2022!

11 free and accessible courses and workbooks for volunteers by volunteers.

Unlock Your Political Power

Conversations that Break Through

Making the Hard Ask

Pop the Disinformation Bubble **Civics for Everyone** 

**Civics for Change** 

Say This, Not That: The Importance of Effective Messaging Grassroots Organizing for Change

**Events for Change** 

Facebook Activist to Change Maker

Local Leaders and Precinct Chairs



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Thank you for joining us.